



# THE Locum Times



MEDPARTNERS LOCUM TENENS NEWSLETTER: FALL 2016 VOLUME 1, EDITION 3

# CONTENTS

MEDPARTNERS LOCUM TENENS NEWSLETTER



Locum Tenens Travel Tips

3



MedPartners Locum Tenens  
in the Community

5



Rise of the Superbug

6



Calendar of Events

7



Hot Jobs

8



**LET'S GET SOCIAL:**  
WE LIKE YOU, BUT HAVE YOU LIKED US YET?





# LOCUM TENENS TRAVEL TIPS

**T**raveling is par for the course in locum tenens work, so knowing how to make it easy and enjoyable is important.

Check out these travel tips and tricks to make you a travel pro.

## BE AN AIRPORT EXPERT

Stay connected with your airline by following their social media accounts. This will keep you up to date with the latest news on delays and other happenings that could affect your travel plans. Many airlines also encourage reaching out to them through social media for assistance if you encounter issues with your travel.

In addition to following their social accounts, most major airlines offer phone apps that include a wide variety of features including a virtual ticket instead of a paper one, information about delays and gate changes, and a quick way to contact support if you need to make

changes to your flight reservation. Sign up for their perks programs to acquire added benefits as well. You can keep tabs on what you've earned through the airline app.

You've probably heard this plenty of times by now, but it bears repeating: [TSA Precheck](#) is a great timesaver. Not only do you get to go through what is often a much shorter security line at participating locations, but you do not need to remove your shoes or take electronics and liquids out of your carry-on bag. The added convenience costs only \$85 for 5 years.

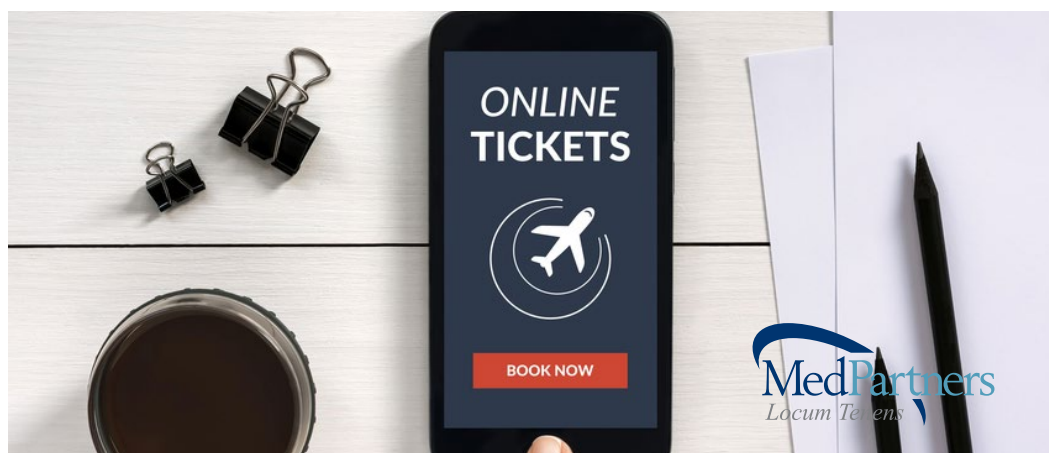
The [My TSA website](#) is a hidden gem that allows you to check wait times and for security checkpoints

and other important information about airports. Sometimes going to a different checkpoint can mean a much shorter line.

## PACK LIKE A PRO

If you are traveling for a short-term assignment, it's essential to pack light and make the most of what you are bringing. Here is a quick list of tips for more efficient packing:

- Be sure to put liquids in a plastic bag in case of leakage if you check your bag
- Get electronic versions of reference books so you can access them on a phone or tablet







- Keep medications and important documents with you and not in your checked bag
- Luggage with “spinner” wheels can make be much easier to use
- Pack a multi-charging USB instead of bringing several different chargers
- Put a dryer sheet in the bottom of your suitcase to keep things smelling fresh
- Remember the [TSA 3-1-1 liquids rule](#) for carryon luggage
- Roll your clothes to minimize the amount of space they take up
- Scan important documents so you have access to them on your phone
- Use a shower cap to cover your shoes

## ENJOY TRAVELING

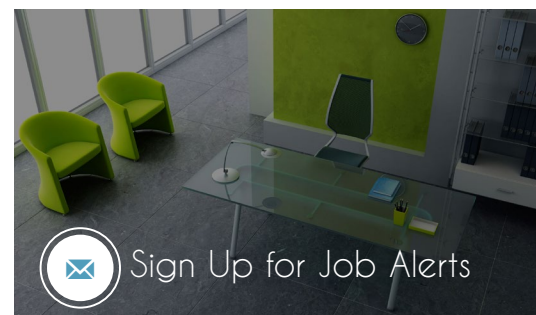
When you’re on assignment in a new place, be sure to take advantage of the chance to explore the local sights and attractions. One of the most enjoyable parts of traveling is getting to enjoy the local scene, try new foods, and meet new people, so don’t miss out!

Since you will be staying in hotels across the country, be sure to sign up for their rewards programs so you can take advantage of upgrades, special point deals and other program perks. Some airlines also have cross-benefits with hotels, so always keep an eye out for rewards.

Some hotels have begun to offer programs allowing guests to rent exercise clothing. This convenience makes it easier to stay fit

while traveling with the added bonus of not having to worry about packing exercise gear.

Ready to hit the road? We have a wide variety of nationwide positions available. [Search for your next locums job](#) or give us a call at 1.866.727.8358 today.



## JOB ALERTS

Sign up for our Job Alerts and get new job openings delivered straight to your inbox or smartphone.

# MEDPARTNERS LOCUM TENENS IN THE COMMUNITY



## MONEY TREE

We had a special “money tree” training session where new members of our team answered quiz questions for prizes - clearly, they had a good time!

---



## LT XTREME ACTION PARK

We had a fun time on our team outing at Xtreme Action Park racing, winning at the arcade and bowling with great people!

---



## COLLEGE COLORS

We teamed up with TekPartners and our corporate team for College Colors Day! Everyone sported shirts for their alma mater while we had contests, played games, and enjoyed the Florida summer with our teams!

# RISE OF THE SUPERBUG



**A**ntibiotics and antimicrobial agents have been widely used over the last 70 years. While this served to reduce illness and treat many patients with infectious diseases, there have been unforeseen results in the form of antibiotic and antimicrobial resistance. The worst of the resistant bacteria have more recently been christened “superbugs” due to their severity and the difficulty they pose during treatment.

Superbugs are strains of infectious organisms that have adapted to have the ability to resist common antibiotics and antimicrobial agents. They typically arise when antibiotics are used, killing off the vulnerable bacteria while allowing the resistant bacteria to survive and continue to multiply. The selective pressure created by antibiotics encourages the propagation of strains that exhibit multi-drug resistant traits.



## TRANSFERRABLE RESISTANCE

The saga of the superbug is still unfolding, but it is a common topic in the media as public concern over this health threat continues to grow. Stories about “super bacteria” in the Olympic waters or cases of patients infected with superbugs abound in the news.

It is such an urgent concern that the White House issued the National Action Plan for Combating Antibiotic-Resistant Bacteria last year. Congress took further action by appropriating \$160 million for the CDC to fight antibiotic resistance in the fiscal year 2016.

The CDC has responded by beginning an aggressive Antibiotic Resistance Solutions Initiative to educate both patients and providers about the origin of superbugs, prevention, and treatment. The CDC has kept the public informed about developments by issuing alerts such as the recent alert about the first mcr-1 gene in *E. coli* bacteria appearing in a person in the U.S. in June.

This alert was particularly concerning because the mcr-1 gene consists of DNA that can be trans-

ferred between bacteria, giving them antibiotic resistance. The mcr-1 gene can actually be transferred between different species of bacteria, making its appearance in *E. coli* in the U.S. especially dire. In particular, this gene confers resistance to colistin, which is considered the antibiotic of last resort.

According to the CDC, “The presence of the mcr-1 gene... and its ability to share its colistin resistance with other bacteria such as CRE raise the risk that pan-resistant bacteria could develop.” CRE, or Carbapenem-resistant Enterobacteriaceae, is a family of bacteria that belong to a larger group of superbugs sometimes referred to as “nightmare bacteria” due to their multi-drug resistance and the fact that they kill up to 50% of patients who become infected. CRE has been named “among the country’s most urgent public health threats” by the CDC.

## THE BATTLE RAGES ON

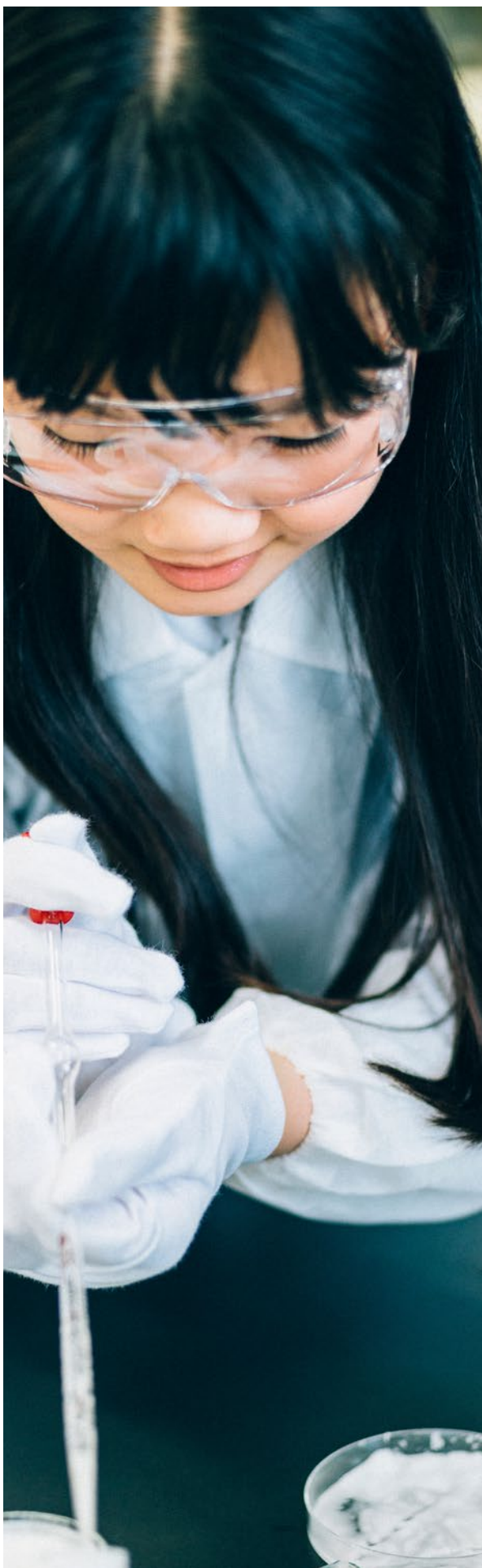
According to the CDC, 1 in 7 catheter- and surgery-related healthcare-associated infections (HAIs) can be caused by any of 6 different antibiotic resistant

## CALENDAR OF EVENTS



**2016 ISPR Midwest Recruiters  
Conference and Job Fair**  
December 7-9, 2016  
Westin Chicago River North  
Chicago, IL





bacteria, including the infamous MRSA and CRE. "That number increases to 1 in 4 infections in long-term acute care hospitals, which treat patients who are generally very sick and stay, on average, more than 25 days."

While progress has been made in preventing HAIs, there is still work to be done. In the [latest annual progress report](#) produced by the CDC, hospitals had made great strides in reducing central line-associated bloodstream infections (CLABSIs) and moderate success reducing surgical site infections (SSIs).

However, there was "no change in the overall catheter-associated urinary tract infections (CAUTIs)" during the sampling period. Perhaps there will be greater progress by the time the next report is released. In the meantime, the CDC is working to fight antibiotic resistance through the following strategy detailed [online](#):

- accelerating outbreak detection and prevention in every state;
- enhancing tracking of resistance mechanisms and resistant infections;
- supporting innovative research to address current gaps in knowledge; and
- improving antibiotic use

Healthcare professionals and organizations must work with patients to ensure the success of this campaign as they serve on the front lines of the fight against superbugs. Following simple infection control procedures can help prevent the spread of these diseases while educating patients about proper antibiotic use can help prevent resistance from developing in the first place.

Sources: [cdc.gov](http://cdc.gov), [whitehouse.gov](http://whitehouse.gov)





# HOT JOBS

## HOSPITALIST

### HOSPITALIST

Location: Eau Claire, WI

### HOSPITALIST

Location: New Orleans, LA

### HOSPITALIST

Location: Greater Oklahoma  
City Area

### HOSPITALIST

Location: Greater Savannah  
Area

### HOSPITALIST

Location: Atlanta, GA

### HOSPITALIST

Location: Louisville, KY

### HOSPITALIST

Location: Phoenix, AZ

## PSYCHIATRY

### PSYCHIATRIST

Location: Lancaster, SC

### PSYCHIATRIST

Location: Roanoke, VA

### PSYCHIATRIST

Location: San Jose, CA

### PSYCHIATRIST

Location: Madison, WI

### PSYCHIATRIST

Location: Hartford, CT

## OB/GYN

### OB/GYN

Location: Pittsburgh, PA

### OB/GYN

Location: Atlanta, GA

### OB/GYN

Location: Atlanta, GA

### OB/GYN

Location: Cleveland, OH

### OB/GYN

Location: Roanoke, VA