# Locum Times

MedPartners Locum Tenens



MEDPARTNERS LOCUM TENENS NEWSLETTER: WINTER 2016 VOLUME 1, EDITION 4





















### THE PHYSICIAN BURNOUT EPIDEMIC

hysicians are leaving the industry, many citing depression, overextension, frustration with bureaucracy, and increasing demands on time. The recent biennial <u>Physicians Foundation</u> <u>survey</u> reported that over half of physicians surveyed felt that their "morale was somewhat or very negative" and nearly half "often or always feel burnt out." What is the solution for physicians in this situation?

#### THE CONSEQUENCES OF CARE

Mental and physical health issues are taking a toll on the physician population. Not only are our physicians fatigued, depressed, and overworked, but according to a recent <u>TEDMED</u> talk by Pamela Wible, MD, "we are losing an entire medical school full of physicians every year to suicide." The current system is not doing enough to support our healthcare workers as people and prevent these tragedies. According to Dr. Wible, the problem begins even before physicians are full-fledged doctors with the high pressure, competitive environment of medical schools.

Physicians are not getting the support and help they need, the time off they should require, and many feel that their jobs are no longer as fulfilling as a result of these factors. Increased demands on time, increased numbers of patients, additional paperwork resulting from changes to the healthcare system, and bureaucratic hurdles have all contributed to a sense of futility for many doctors. In order for the right changes to take place, healthcare leaders must understand the situation and support a true systemic change. This will be beneficial not only for physicians, but for patients as well. Overworked, overtired physicians are more prone to medical errors, after all.

Despite physicians voicing the reasons why they are leaving, the industry has yet to adapt to solve these problems to a large enough extent to stem the exodus. Walker Ray, M.D., President of the Physicians Foundation and chair of its Research Committee commented on the study, "By retiring, taking non-clinical roles or cutting back in various other ways, physicians are essentially





voting with their feet and leaving the clinical workforce." This leaves healthcare facilities understaffed, and more importantly, patients without access to the care they need.

#### A CURE FOR MANY

While physicians wait for the industry to shift, what are they to do? Some of those leaving traditional practice have found renewed enthusiasm for medicine while doing locum tenens work. The biggest draw is often the chance to have more control over their schedules. Since locum tenens positions are temporary, physicians can work out their schedules to have more time off for family, hobbies, and rest. Locum tenens also offers physicians the opportunity to have a change of pace by working in different locations. Another reason many physicians find locum tenens fulfilling is that they are able to serve patients in facilities and areas that truly need their expertise. Locums are essential in many rural hospitals where doctors are few and far between. Physicians who can serve in these locations are often able to provide needed services to underserved populations. For many physicians, this is getting back to the reasons why they went into medicine in the first place.



#### **JOB ALERTS**

Sign up for our Job Alerts and get new job openings delivered straight to your inbox or smartphone.

### MEDPARTNERS LOCUM TENENS IN THE COMMUNITY



#### HALLOWEEN

How's the weather? It was looking a little stormy in our office on Halloween with our weather-themed costume group!



#### BREAST CANCER AWARENESS MONTH

We joined up with TekPartners and our corporate team to turn our offices pink for Breast Cancer Awareness Month!



#### FOOD DRIVE

We teamed up for a company-wide food drive and together we surpassed our goal of lk lbs. of food for a grand total of 1142 lbs.! Thank you to everyone who contributed to help feed those in need during the holiday season.



### HOW TO KNOW WHEN YOUR RECRUITER IS A CATCH



inding a recruiter who fits your style can sometimes be difficult, but connecting with the right person can be a huge boon for your career. You need a recruiter who is just right for you – someone who really gets you. How do you know when you have found "the one" for you?

#### THEY KNOW YOU AND YOUR NEEDS

The right recruiter will stand out from the crowd by taking the time to get to know you not just as a professional, but as a person. A good recruiter knows that there are many other dimensions to your life besides your career. They will take into account your family and your interests as well as the direction you want your career to go. A truly exceptional recruiter will also respect your time and communicate clearly with you in the way that is best for you.



### THEY PAVE THE WAY TO SUCCESS

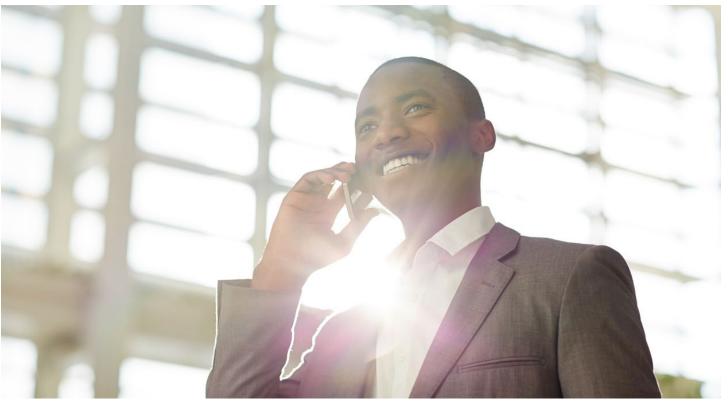
When your recruiter is a catch, they carefully advocate for your interests when negotiating your contracts. They will also help pave the way to success by helping with the little details to make each contract go smoothly. Assistance with the credentialing and licensing team is key here, as well as being reliable when it comes to arranging your travel and lodging. That ideal recruiter is there to help you expand and enhance your career, not just looking to make a match and move on. This person will be there for you when it's time to take the next step, whether that means another contract or perhaps a something new. A recruiter who is on your side helps you achieve your goals.

#### IT'S MORE THAN A JOB

The ideal recruiter is the type of person who truly takes the time to get to know you and create a relationship with you. You're not just a job or a number on a spreadsheet to them. When your recruiter is a catch, they call you to say happy birthday, check in on you at the right times, and remember what you talked about the last time you chatted. This person will follow up with you when you have an issue, and makes sure to get things done with you need a solution. A great recruiter genuinely cares about you as a person and wants to make sure you have the best experience possible. They will take the time to listen to and understand your needs, your situation, and your wishes and most importantly, they will respect you.

#### THERE FOR THE LONG HAUL

If your recruiter is a catch, they can make a world of difference in your career. Not only will that person be able to place you in jobs that are a great fit, but they will help you enhance your career and grow into new and exciting opportunities. That perfect recruiting match can result in a lifelong friendship and workingrelationship.Readytomeet that person? Contact us today: <u>www.medpartnerslocumtenens.</u> <u>com/contact-us</u>





## HOT JOBS

PSYCHIATRIST Location: Minneapolis, MN

PSYCHIATRIST Location: Allegheny, VA

PSYCHIATRIST Location: Little Rock, AK

PSYCHIATRIST Location: Friendship, WI

PSYCHIATRIST Location: Pittsburgh, PA

NEONATOLOGIST Location: Lexington, KY PEDIATRIC HOSPITALIST Location: Minneapolis, MN

MATERNAL FETAL MEDICINE Location: Phoenix, AZ

OB HOSPITALIST Location: Spokane, WA

OB/GYN Location: Flagstaff, AZ

HOSPITALIST Location: Tucson, AZ HOSPITALIST Location: Albert Lea, MN

HOSPITALIST Location: Eau Claire, WI

NEONATOLOGIST Location: Kingsport, VA

EMERGENCY MEDICINE Location: MN

See all job postings

