



THE Locum Times



MEDPARTNERS LOCUM TENENS NEWSLETTER: FALL 2018 VOLUME 3, EDITION 3

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MEDPARTNERS LOCUM TENENS NEWSLETTER



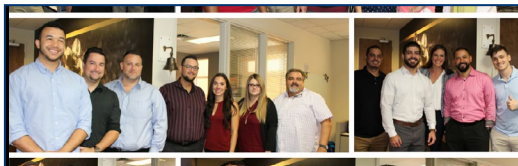
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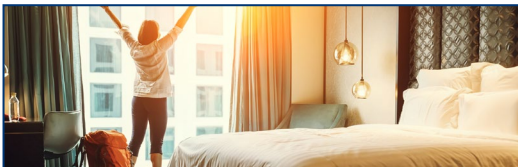
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LET'S GET SOCIAL:

WE LIKE YOU, BUT HAVE YOU LIKED US YET?



LOCUM TENENS HELPS ENSURE CONTINUITY OF CARE



When your facility or practice is short-staffed, there are many reasons why you need that opening filled immediately. If a physician or other clinician must be away for an extended time on short notice, their absence can create a very difficult situation for the rest of the team and may even put patients in jeopardy if a solution can't be found to allow them to be seen. This is where locum tenens can help fill the gap.

MAINTAINING CONTINUITY OF CARE

One of the most important uses for locum tenens clinicians is to allow facilities and practices to have a smooth transition when a provider must be absent. Aside from expected absences such as vacations or planned medical leave, there are many circumstances where a clinician may be away for an extended

period. Facilities that are prepared to utilize locum tenens providers in these instances will have less downtime and be able to continue serving patients as normal. This is an advantage for both the facility and the patients as facilities will not need to experience lost revenue due to not being able to see patients and those patients will continue to receive the care they need.

AVOIDING BURNOUT

Another reason to have a locum tenens agency with ready-to-go clinicians on hand is that having these pinch hitters will help ease the burden on the rest of your staff. Especially when it comes to the fast-paced environment inherent in some specialties, an unexpected absence can be very stressful for the staff members trying to pick up the load for the absent team member. The sooner a facility can get someone to help take on the absent clinician's duties, the sooner the staff can get back to their normal routine.

In facilities that experience high turnover or are having trouble filling a position for a long time,

locum tenens clinicians can be very helpful for easing that stress and giving your permanent staff a breather. This is important when it comes to combating the burnout epidemic. Giving your permanent team the chance to take their own vacations and have time away to refresh themselves will pay off as well.

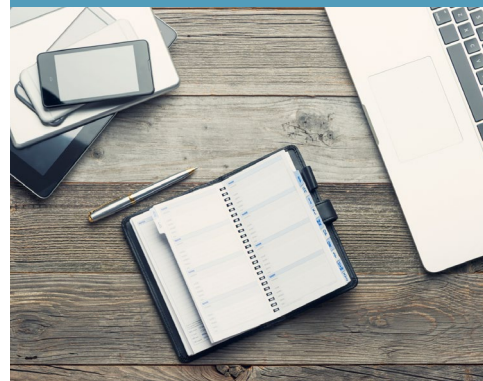
KEEP PROVIDING QUALITY CARE

An approach that is becoming more popular is utilizing locum tenens advanced practice clinicians such as nurse practitioners and physician assistants while conducting a search for a permanent position. NPs and PAs are quality caregivers and can help cover the gap while your facility or practice searches for just the right person for the permanent job. This can be an efficient solution that maintains continuity of care as well as quality of care for patients.

LOOKING FOR LOCUM TENENS PROFESSIONALS FOR YOUR FACILITY OR PRACTICE?

We're here to help! [Contact us today](#) to learn more about how we can assist you.

CALENDAR OF EVENTS



Northwest Staff Physician Recruiters (NWSRP)

October 5 - 6, 2018

Bellevue, WA

Clinical Congress 2018 (American College of Surgeons (ACS))

October 21 - 26, 2018

Boston, MA

SEPRA 2018 National Education Conference (Southeast Physician Recruiter Association)

October 22 - 23, 2018

Atlanta, GA

American Academy of Pediatrics National Conference & Exhibition

November 2 - 6, 2018

Orlando, FL





LOCUM TENENS PROMOTES PATIENT ACCESS TO CARE IN RURAL AREAS

Many areas in the U.S. are experiencing medical deserts, regions where access to healthcare is limited or essentially nonexistent. [According to Becker's Hospital Review](#), "Twenty percent of the country's population lives in a rural area, and the ratio of physicians to patients is 1 to 2,500, which means that 60 million people are dealing with the impact of this shortage."

For those who live in these areas, receiving even the most routine medical care can be very difficult. Patients may be forced to seek care far from home, often at great expense due to the time and effort involved in reaching a doctor. As a result, these patients have trouble both keeping routine appointments and receiving emergency care, and so they may not receive essential care in a timely manner or at all.

Some communities have turned to locum tenens providers as a solution to this problem. Here's how locum tenens is helping promote patient access to care in rural areas.

FILLING SPECIALTY GAPS

Many underserved rural areas have large gaps in certain medical specialties, limiting the community's access to preventative care, prenatal care, surgical care, and other types of healthcare. Practices and facilities in these areas can alleviate the need by recruiting physicians in those specialties through locum tenens staffing. Since it can take a long time to recruit a full time provider in rural areas, locum tenens physicians and clinicians frequently have the opportuni-

ty to take longer assignments as extended coverage is commonly needed. For locum tenens clinicians, this can be useful for building up a case log, for example, or gaining experience in a new environment while strengthening your CV and clinical references.

OPPORTUNITIES FOR ADVANCED PRACTICE CLINICIANS

In a growing trend, facilities and practices are turning to locum tenens PAs and NPs for coverage while searching for full-time physicians to fill an opening. Many of these communities offer a beautiful, quiet lifestyle that may be very appealing to providers looking for a change of scenery. In addition,





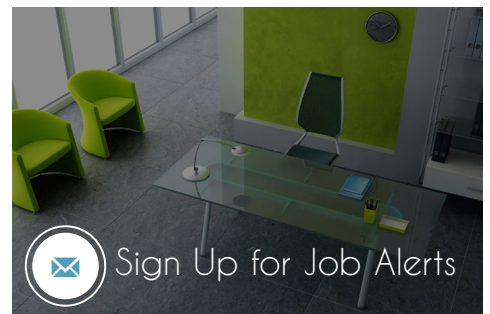
the strong relationships you can build in this type of community are very different from the constant change and bustle of urban areas. With the practice of utilizing NPs and PAs in place of physicians becoming more commonplace, there are more opportunities for these clinicians to be able to step into locum tenens jobs to provide coverage.

LIVING THE LOCUMS LIFE

Physicians and advanced practice clinicians willing to travel to rural areas can do a great deal of good for the patients in these communities. With the chance to travel and see the country, premium pay rates, and a great staffing company to arrange things, the locums life can be a great way to serve patients where you are needed most while maintaining the career and lifestyle you want.

READY TO GET STARTED?

[Send us your CV today](#) so our experienced recruiters can match you with the right opportunities for your career.



JOB ALERTS

Sign up for our Job Alerts and get new job openings delivered straight to your inbox or smartphone.

MEDPARTNERS LOCUM TENENS IN THE COMMUNITY



NATIONAL LOCUM TENENS WEEK

We recently celebrated the second annual National Locum Tenens Week! Our team is thankful for each and every one of our providers for the amazing work they do to keep facilities running.



ANNUAL MAPRA CONFERENCE

We recently attended the Annual Mid-Atlantic Physician Recruiter Alliance (MAPRA) Conference in Philadelphia, PA. Here is our very lucky raffle winner, Hilaree L.! Be sure to stop by our booth at our next conference stop so you can meet our team and enter to win one of our gift cards.



MINK EDUCATION CONFERENCE

Our team headed out to Kansas City at the end of July to attend the 2018 MINK Education Conference hosted by MINK MidwestMD. Our drawing winner, Brad L., got to take home the gift card this time around. Thank you to everyone who came by to see us, we really enjoyed getting to meet you!



MENTAL HEALTH & WELLNESS

Frequent business travel can be an exciting and fulfilling part of any career. In fact, self-reporting research shows that many road warriors consider business travel as a job perk and a status symbol - They often create reasons to travel for their job, and some would even decline a job offer that did not offer travel.

Unfortunately, there are inevitable stress factors that are associated with frequent business travel, and all of these can have an impact on your physical and mental health. Given these factors, poor health can ultimately undermine effectiveness at work.

Mental and physical health proves to be an important issue for business travelers and their employers today, so we've outlined some helpful solutions to consider. See which of the following common health consequences you recognize and how you can combat each in a way you may not have previously considered.

Stress Factors & Consequences –

- Suffering sleep routines: jet lag, catching early or late flights.
- Poor eating habits: inability to go grocery shopping and cook healthy foods; business events offering unhealthy food and alcohol.
- Disrupted exercise schedules: fatigue, interrupted routines, and inadequate facilities in hotels.
- Separation from home and family: diminished peer support, stress on the traveler's family, and in turn, additional burden on the traveler.

A study identified additional sources of tension and challenges for today's new business travelers, such as stress over packing the right items, anticipation for the next week's business travel, and guilt or lack of freedom to extend trips for leisure.

It's important to be able to identify mental health issues in the workplace, even though the effects are unique to all individuals. Research from a large collection of medical insurance claims from business travelers showed the largest increase in claims was for psychological disorders (stress-related disorders).

Mental health symptoms: restlessness, sleep problems, loss of interest, social withdrawal, alcoholism, and feelings of hopelessness.

Physical health implications: Cardiovascular-related risks, higher body mass index, and weight gain.

What you can do? – When most people think about the practical steps to take in order to stay healthy and mentally fit while travelling, they tend to think of simply maintaining diet and exercise. While being conscious of a healthy diet and making time for exercise is vital to everyone's lifestyle, we understand that it's not easy to integrate these habits on a day to day basis, especially when your routine is thrown off so often by travel. Here are some good mental tips we found that will help apply these habits (and more) in this busy lifestyle.



- *Acknowledge* that frequent travel can be difficult. It clearly takes a toll on the system – No need to deny that.
- *Live in the moment.* When you focus on the moment, day by day, you will tend to follow your health plan closer, and lessen your chances of giving up.
- Get motivated by your *long term health goals.* Think of these goals on a daily basis and working towards that will increase your happiness.
- *It's not all-or-nothing!* We like these tips from a Psychology Today article: "If you can't go to a gym for an hour, at least try to do calisthenics in your hotel room for 15 minutes. If you are at a conference, stand rather than sit during the speaker sessions. If you can't eat prepared healthy meals at home, try to find the healthiest thing on the menu."
- *Plan your rewards ahead of time.* Give yourself healthy rewards, such as a massage, movie night, good book, or anything else that is enjoyable for you while traveling. Unhealthy eating is inevitable while traveling, so why not plan out your most ideal time to be unhealthy. It will be more enjoyable when you do – Less guilt will be associated when you indulge, and it will be worth the wait and sacrifice when you forgo the airport food for the nice dinner with colleagues.
- *Communication.* Talk with your family about what works and what is expected while you are away. Be sure everyone is satisfied with the frequency of calls, type of technology used, and the quality of the conversation. Take the time to consider how your family is coping.

Taking on the position of a road warrior can be such a rewarding experience and a real boon to your career, but you can't ignore the toll it can take your health. Consider these tips and do your best to take steps to minimize your health risks while you're on the road!

NDC – NEW FACE OF AIRLINE SHOPPING

Imagine turning your current flight purchase experience into more of a fully customizable, no hidden cost, side-by-side comparison experience. Coming in 2019, the New Distribution Capabilities (NDC) will allow just this. The International Air Transport Association, IATA, has launched this new development to update its current booking system to bring more purchasing options to travelers - such as checked bags, meals, and priority seating - into the airline ticket price before you purchase and with side-by-side comparison between carriers.





SAFE TRAVELS! HOTEL SAFETY 101

When it comes to business travel, safety is the company's top priority. For many road warriors, more nights are spent in a hotel in one month than at home in their own bed. Americans emphasize safety as one of the most important decision factors in the home buying experience. So why should this be thought of any less for business travelers?

Surprisingly, when it comes to hotel stays, travelers really value their loyalty points, so much so that they'd give up their sense of safety just so they can earn points. Research shows that an astonishing 47% of American business travelers will choose a hotel for its perks over personal safety.

On the other hand, studies that have focused on the generational divides in the travel industry have determined some opposite tendencies when it comes to millennials. This generational shift is massive when it comes to the habits of younger travelers. Overall, it's shown that when they travel they are much more sociable, close to technology and are most concerned about personal safety. About 29% of millennials traveling for business have canceled a trip

due to security concerns. 20% of Gen-Xers have done so, followed by 12% of baby boomers.

The most common safety concerns are intruder break-ins, privacy (room key or guest info given out), and disruptive guests.

Here's how you can be safe:

- When checking in, have the front desk write down your room number instead of announcing it aloud.
- Keep your door locked if it doesn't automatically lock.
- Take the room keys out of folders display the room number. If you lose the key with the room number written on it, anyone who finds it could access your room.
- There are helpful items on the market such as door wedges, portable door locks and travel door alarms.
- Request a room between the third and sixth floors. Here it's more difficult for an intruder to break in, but you're still within reach of most fire departments' ladders in case of an emergency. Ground floor is not recommended.
- If you don't need housekeeping one day, hang the "Do Not

Disturb" sign outside your door.

- If you're using the hotel's Wi-Fi, be sure that you set your computer and other devices to maximum security settings. Use caution or avoid accessing your mobile banking or other personal websites on unknown Wi-Fi.
- Use the hotel safe for any valuables you leave in your room. It's also advised to use a separate second lock of your own.
- When entering and exiting the hotel, use the main entrance – especially after dark.

Lastly, all statistics aside, this is about your safety, so listen to your gut and forego those points if you need to! If you get to the lobby for check-in and something just feels "off," your intuition may be trying to tell you something. No need to be fearful or suspicious of the place you sleep at night. There is no harm in switching to the hotel next door. Call your travel department for assistance in making this change, or if it's an emergency situation, please use the Travel Inc. emergency line available 24/7 for help with switching your hotel immediately.

Safe Travels!



SHERATON'S GETTING A FACELIFT!

The much-anticipated August 2018 Marriott merge with Starwood is going to have more of an impact than travelers' loyalty points and additional perks. Sheraton is planning to undergo a welcomed transformation. Marriott's vision for Sheraton is built around experiences, so the focus for their design is on the public spaces. Marriott plans to emphasize technology innovations throughout, including:

- Privacy booths for phone calls.
- "Collaboration Rooms" available for rent.
- Revamped lobbies with more comfortable seating and large tables. The tables are designed with lockable drawers, so guests can store their devices while they take a bathroom break.
- Adjustable standing desks in guest rooms.
- Larger bathrooms with a "smart" mirror with special lighting.

Of course, it will take some time to start seeing these integrations at Sheraton. It will be interesting to see if these tech-heavy innovations are the beginning of a new face to all hotels in the future – not just Sheraton!

AMAZON LAUNCHES "ALEXA FOR HOSPITALITY"

Amazon has been pulled towards the travel industry for some time, and with its dominant position in ecommerce, Amazon has taken advantage of this time to introduce voice-activated devices in your hotel room. Officially introduced in the summer of 2018, Alexa for Hospitality will be available at select hotels and can be customized by the property. Guests will be able to control their in-room environment, such as the thermostat, lights, blinds, TV, and entertainment, and be able to play music.

Guest services will be easily accessible and you can even ask Alexa specific questions about your hotel. In the future, guests will be able to synch their own Amazon account to their in-room device to make her even more personalized.

"Customers tell us they love how easy it is to get information, enjoy entertainment, and control connected devices by simply asking Alexa, and we want to offer those experiences everywhere customers want them," says Amazon's vice president, Daniel Rausch. "Alexa for Hospitality makes your hotel stay a little more like being at home and gives hospitality providers new ways to create memorable stays for their guests."

At this time, this is only available to hotels by invitation only. Marriott International is the first to be able to test the product – Available at some Marriott, Westin, St Regis, Aloft, and Autograph Collection properties.



HOT JOBS



PSYCHIATRY

PSYCHIATRIST

Salem, VA

PSYCHIATRIST - IP C/A

Pembroke, MA

PSYCHIATRIST - IP ADULT

Pembroke, MA

PSYCHIATRIST- ADULT/ ADOLESCENT IP /TELE

Spokane, WA

NEUROLOGY LOCUMS

Columbia, SC

PEDIATRICS

PEDS HOSPITALIST

Los Angeles, CA

PEDS CRITICAL CARE

Austin, TX

NEONATOLOGIST

Lubbock, TX

PEDS HOSPITALIST

Sacramento, CA

OB/GYN

OB HOSPITALIST

Plantation, FL

OB/GYN

Hartford, CT

OB AT /GYN

Raleigh, NC

OB/GYN

Fort Mohave, AZ

OB/GYN

Baltimore, MD

OB HOSPITALIST

Bel Air, MD

HOSPITALISTS

HOSPITALIST

Beaver, PA

HOSPITALIST

Mankato, MN

HOSPITALIST

Myrtle Beach, SC

HOSPITALIST / NOCTURNIST

St. Louis, MO

HOSPITALIST

New Haven, CT

EMERGENCY MEDICINE

EMERGENCY MEDICINE

Springfield, MO

EMERGENCY MEDICINE

Fayetteville, GA

HOT JOBS

(CONTINUED)

EMERGENCY MEDICINE LOCUMS

Medina, ND

URGENT CARE PHYSICIAN (LOCUMS / PERM)

Freeport, IL

EMERGENCY MEDICINE

Near Sturbridge, Massachusetts

EMERGENCY MEDICINE

Sikeston, MO

SURGERY

CVT

New Orleans, LA

CVT

West Palm Beach, FL

NEUROSURGEON

Memphis, TN

OUTPATIENT CARDIOLOGY

Orlando, FL

GENERAL GI

Albany, FL

ADVANCED PRACTICE

NP/PA - CARDIOLOGY

Concord, NH

PA - CVT SURGERY

Longview, TX

CRNA

Scottsdale, AZ

NP - OUTPATIENT SURGERY

Scottsdale, AZ

CVT PA PHYSICIAN

Kissimmee, FL

CRITICAL CARE

PULM / CC

Waukesha, WI

PULM / CC

Roseburg, OR

PULM / CC

Milwaukee, WI

PULM / CC

Boston, MA

[See all job postings](#)