



THE Locum Times



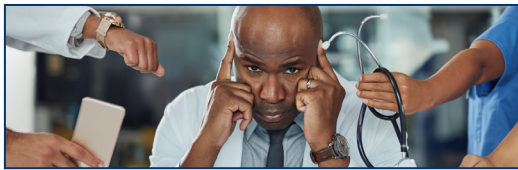
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LET'S GET SOCIAL:
WE LIKE YOU, BUT HAVE YOU LIKED US YET?



TAKE BACK CONTROL WITH LOCUM TENENS



Whether you are just starting out as a physician or advanced practice clinician, closing in on retirement, or somewhere in between, there is a way to make locum tenens work for your career. It's a flexible option that allows you to make the most of it, no matter how you choose to take assignments. More importantly, establishing a relationship with a trusted locum tenens staffing firm can make or break your experience, so be sure to pick a company that truly understands your needs. Here are some of the ways you can use locum tenens work to take back control of your life.


Take control of your time. If you have been working full time at a facility or as part of a practice, then you have likely been putting in very long hours. There is a decent chance that a large portion of that time has been spent on tedious administrative duties and electronic paperwork as well. Maybe you have


been unable to take time off when you wanted to, or perhaps for less time than you wished. What if you could reclaim some of that time? When you take on locum tenens assignments, you get that choice. Do you like working for a longer period of time so you can take a few months off to travel? Do you want to just work weekend shifts while maintaining a position somewhere else? Do you want to do a few weeks at a time with breaks in between? When you choose the locums life, you can opt for the type of schedule you want.

Take control of your finances. It's no secret that many physicians and other clinicians graduate with a large amount of student loan debt. Locum tenens work can be a great way to get a jump on those payments by bringing in premium pay rates. You can take on locum tenens assignments in addition to a permanent position or you can make locums work your main focus – either one will give you that boost. In addition, since locum tenens providers are classified as

independent contractors, you can take advantage of different ways to [handle your finances](#) to maximize your earnings. Some specialties are in such high demand that locum jobs are extremely lucrative, so don't miss out on the chance to earn more for your time.

Take control of your travel. One of the most exciting benefits of locum tenens work is the chance to travel around the U.S. and see new places. Since your locum tenens agency will make your travel arrangements, you get the added bonus of not having to worry about every little detail when you go. While travel is not necessarily a requirement of all locum jobs, it's one aspect that many providers look forward to enjoying. Locum tenens assignments can give you the chance to visit areas you would not have gotten to otherwise experience, and you will have the advantage of keeping your income flowing while you go. For longer assignments, you can even bring along your family and pets to enjoy the new locale with you. Why limit



 Sign Up for Job Alerts

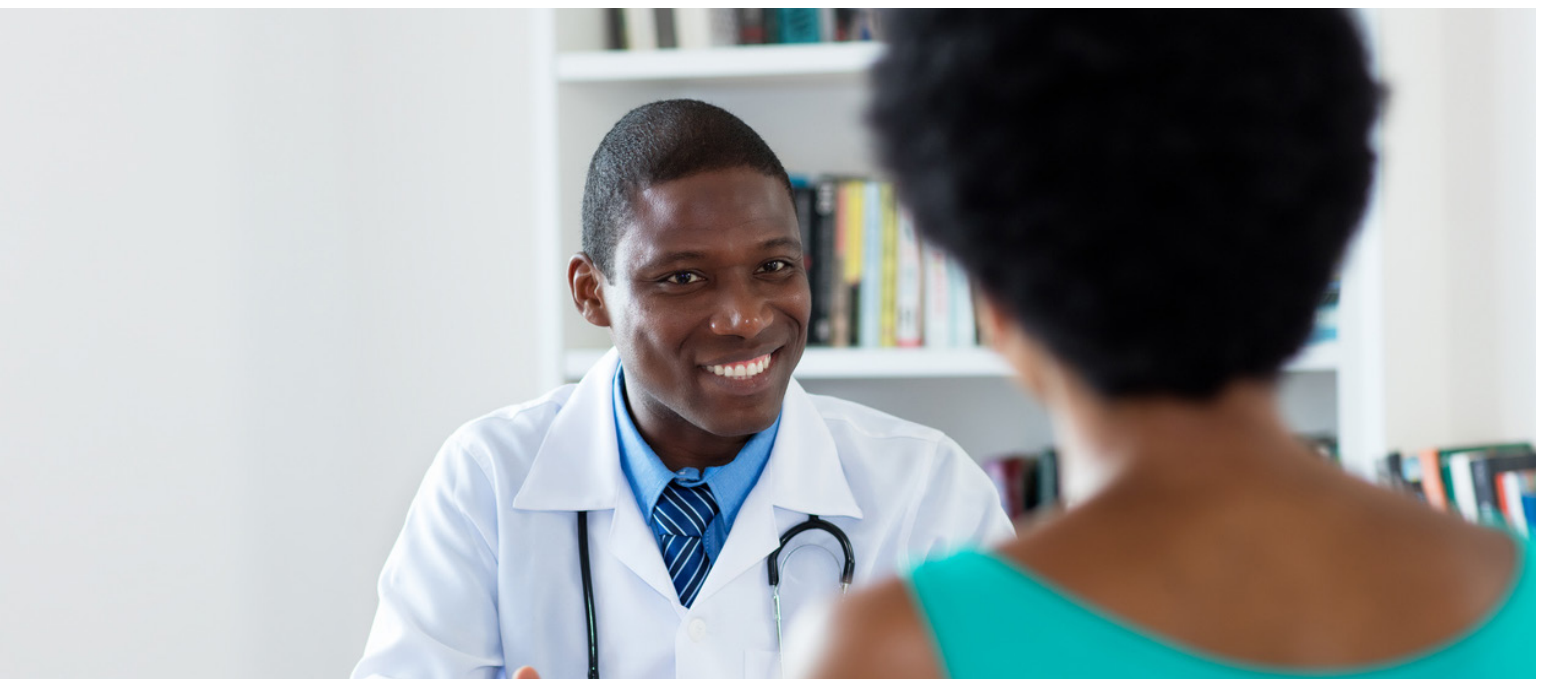
JOB ALERTS

Sign up for our Job Alerts and get new job openings delivered straight to your inbox or smartphone.

your traveling to short vacations? With locum tenens work, you can manage your schedule to allow you to go where you want, when you want.

READY TO GET STARTED?

If you are ready to take control of your locum tenens career, MPLT Healthcare is here to help! [Get in touch with us](#) so we can get you on your way.





UNDERSTANDING PHYSICIAN BURNOUT

By now you have heard it in the headlines for some time: doctors are experiencing burnout in droves. But why are physicians especially prone to burnout? Are some physicians in more danger than others? What can you do at your facility to help prevent it? The current burnout epidemic is a symptom of deeper, complex issues within the U.S. healthcare system, but there are a few core takeaways to help you better understand and care for your medical staff right away.

It's a fast-paced, high stakes job. While it can vary by specialty, many physicians face a grueling day every time they set foot in the hospital. Not only must they see many patients, sometimes with only a short time allocated to each one, but each decision is important. Add on the emotional burden of handling patients' families, undesirable diagnoses, and any interpersonal difficulties, and one can see how the pressure physicians face each day can weigh on them. In addition to these pressures,

many physicians work long shifts, especially early on in their careers. Facing these stressors each day without enough rest or the downtime to recover from difficult cases can put physicians on the path to burnout.

They feel burdened by EHR systems. A recurring theme since the transition to electronic health records is that many of these systems are inefficient and add to physicians' burdens when it comes to managing them. Many physicians report having to spend an inordinate amount of time clicking through various screens when trying to access records or input information. What may seem like minor inconveniences end up snowballing when a doctor must

spend so much time dealing with these systems for each patient. This also takes away time from actually seeing and treating patients, which many physicians feel is a deviation from why they got into medicine in the first place; they don't want to sit behind a screen, they want to help people. A solution growing in popularity is the use of medical scribes, either in the hospital or through virtual systems. The scribes help take some of the documentation burden off the physician team, freeing up time for other activities.

Certain physicians are at higher risk than others. Some specialties have reported [higher rates of burnout symptoms](#). There is evidence that [women may report higher](#)





[rates of burnout](#) as well. This may be in part due to a greater likelihood to report the problem, but may also reflect cultural problems within a facility. Being attuned to these factors can help you catch the symptoms earlier and assist your physicians before they get to the point of burnout.

Here's what you can do. It's important that those managing a facility become familiar with the [signs of physician burnout](#) and understand where to intervene. Keeping in touch with the physician team on a regular basis is essential to knowing how things are going. Are physicians using their vacation time? Are they able to take time off when sick? Do they receive debriefing or counseling after difficult cases? Is the team encouraged to utilize these resources and given time to do so?

If it seems like there is not enough time for your staff to use the resources available to them for fighting burnout, then additional staff can be a good place to start. If you are unsure about adding a full time position, or simply need a physician on a temporary basis while you fill out your team, then locum tenens staffing can help you balance your team in the meantime. You can assess the impact of the additional physicians without having to make a permanent commitment, and you can give your full time staff some relief if they have been understaffed.

NEED HELP GETTING THE RIGHT STAFF IN PLACE?

Burnout is a complicated issue, but there are many ways to help. If you need locum tenens providers at your facility, then [get in touch with us today](#) so we can get you the right people for the job.

EXPANDED ROUTES

Spirit Airlines announced that it will expand service to and from Nashville International Airport early next year, including daily nonstop service to Los Angeles and Newark as well as added flights to Austin. Delta Airlines also announced a new daily service between Seattle and Tampa starting in early 2020.



DELTA SKYMILES AMEX CHANGES

For those looking to maximize their SkyMiles, look out for changes to the Delta SkyMiles American Express Card starting in early 2020. The new perks include double miles on restaurants around the world, access to special lounges, credit for TSA Pre✓[®] fees, and more. For more information, check the newdeltaamex.com website.



REAL ID UPDATE

Nearly [60% of Americans](#) are unaware of the looming October 1, 2020 deadline for REAL ID and there are still a few states that are not in full compliance with the REAL ID Act at this time. Many people are unsure whether their current forms of ID are compliant. Don't be caught off guard! To ensure that you have the proper identification to allow you to continue to travel within the U.S., you can check out [Homeland Security's FAQ page](#) for details.

ELIMINATING PLASTIC WASTE

Although some hotels and other businesses are already moving to reduce plastic waste, the state of California has gone one step further and passed a law to ensure that this happens. The ban will become effective in 2023 for hotels larger than 50 guest rooms and by the next year for smaller hotels. Many hotels are already taking steps to become compliant, such as Marriott, which has pledged to stop using small plastic bottles by December of next year. Most of these hotels will move to bulk amenities instead, so guests can still enjoy complimentary signature scents in the shower.



MORE DEVICES MAY BE BANNED FROM PLANES

The Association of Flight Attendants recently asked the FAA to ban e-cigarettes and vaping devices from planes due to the risk of fire the devices may pose. While many other electronic devices that travelers carry contain similar lithium-ion batteries, these devices sometimes use cheap batteries that are more likely to develop problems such as expanding or catching fire. A [Delta flight was delayed](#) earlier this year due to a fire sparked by one such device. Current regulations already demand that the devices be stored in carry-on luggage only, but they could still pose a risk according to the Association of Flight Attendants.

MPLT HEALTHCARE IN THE COMMUNITY



HELPING THE BAHAMAS

We partnered up with our friends at TekPartners to deliver five truckloads of supplies for those affected by Hurricane Dorian in the Bahamas. The supplies were then delivered by a flotilla of 72 boats organized by Sands Harbor and Big Dog Tackle.



BREAST CANCER AWARENESS MONTH

We went pink all throughout October in honor of Breast Cancer Awareness Month. Because breast cancer has impacted so many lives, we feel that it is important to honor those who are fighting, our survivors, the memories of those we have lost, and the family and friends who are part of the battle against cancer.



HALLOWEEN

We always go big for Halloween! The whole team got into the spirit by dressing up, decorating, and even creating skits to show off their creativity.



HOT JOBS

PSYCHIATRY

C/A INPATIENT PSYCHIATRIST

Virginia Beach, VA

PSYCHIATRIST

Mansfield, CT

CHILD/ADOLESCENCE
PSYCHIATRIST

Hartford, CT

PSYCHIATRIST

Albuquerque, NM

PSYCHIATRIST

Philadelphia, PA

HOSPITALISTS

HOSPITALIST LOCUM

Rochester, New Hampshire

GASTRO- ENTEROLOGY

GASTROENTEROLOGIST

Syracuse, NY

GASTROENTEROLOGIST

Champaign, IL

SURGERY

CARDIOTHORACIC SURGEON
LOCUMS

Virginia Beach, VA

OB/OB SUBS

OB HOSPITALIST

Joplin, MO

PEDIATRICS

PEDIATRIC HOSPITALIST

Los Angeles, CA

PEDS ICU

Springfield, MO

PEDIATRIC HOSPITALIST -
LOCUMS

Phoenix, AZ

ONCOLOGY

RADIATION ONCOLOGY

College Station, TX

CRITICAL CARE

PULMONARY CRITICAL CARE -
LOCUMS

Springfield, MO

ANESTHESIOLOGIST -
LOCUMS

Waterloo, IA

[See all job postings](#)